


CENTRAL ACTIVITY CENTER – SENIOR PROGRAMS & EVENTS SCHEDULE

October 2019

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--------------------------------------|---|---|---|---|--|--|
| 29 SEPTEMBER CLOSED | 30 SEPTEMBER 8:00 Walk to Music 8:00 Pool Play 9:00 Quilting 10:00 Chair Exercise 10:00 Bible Study 9:30 Ceramics 1:00 Chicken Foot | 1 8:00 Walk to Music 8:00 Pool Play 9:00 Acrylic Art Class 9:00 Tai-Chi 9:30 Ceramics 10:00 Basic Sewing 10:00 Zumba Dance Class 11:00 <u>Canasta</u> 5:00 pm <u>Night Ceramics</u> 7:00 pm <u>TuesDance</u> | 2 8:00 Walk to Music 8:00 Pool Play 9:30 Ceramics 10:00 Chair Exercise 12:00 <u>Line Dance – w/ Norma</u> 1:00 Crocheting/Knitting | 3 8:00 <u>Walk to Music</u> 8:00 <u>Pool Play</u> 9:00 <u>Quilting</u> 9:30 <u>Ceramics</u> 10:00 <u>Zumba Dance Class</u> 11:00 <u>Canasta</u> 1:00 <u>Chicken Foot</u> 6:30 pm <u>Let's Pick</u> | 4 8:00 Walk to Music 8:00 Pool Play 9:00 Pickle Ball at C-Club Gym 10:00 Chair Exercise 11:00 Line Dance w/Norma 1:00 Line Dance w/Polly 2:00 Beginner Line Dance | 5 CLOSED |
| 6 CLOSED | 7 8:00 Walk to Music 8:00 Pool Play 9:00 Quilting 10:00 Chair Exercise 10:00 Bible Study 9:30 Ceramics 1:00 Chicken Foot | 8 8:00 Walk to Music 8:00 Pool Play 9:00 Acrylic Art Class 9:00 Tai-Chi 9:30 Ceramics 10:00 Basic Sewing 10:00 Zumba Dance Class 11:00 <u>Canasta</u> 5:00 pm <u>Night Ceramics</u> 7:00 pm <u>TuesDance-CANCELLED</u> | 9 8:00 Walk to Music 8:00 Pool Play 9:30 Ceramics 10:00 Chair Exercise 11:30 <u>Senior Luncheon</u> 12:00 <u>Line Dance – w/ Norma</u> 1:00 Crocheting/Knitting | 10 8:00 <u>Walk to Music</u> 8:00 <u>Pool Play</u> 9:00 <u>Quilting</u> 9:30 <u>Ceramics</u> 10:00 <u>Zumba Dance Class</u> 11:00 <u>Canasta</u> 1:00 <u>Chicken Foot</u> 6:30 pm <u>Let's Pick</u> | 11 8:00 Walk to Music 8:00 Pool Play 9:00 Pickle Ball at C-Club Gym 10:00 Chair Exercise 11:00 Line Dance w/Norma 1:00 Line Dance w/Polly 2:00 Beginner Line Dance | 12 CLOSED |
| 13 CLOSED | 14 CLOSED COLUMBUS DAY HOLIDAY  | 15 8:00 Walk to Music 8:00 Pool Play 9:00 Acrylic Art Class 9:00 Tai-Chi 9:30 Ceramics 10:00 Basic Sewing 10:00 Zumba Dance Class 11:00 <u>Canasta</u> 5:00 pm <u>Night Ceramics</u> 7:00 pm <u>Tues. Night Dance</u> | 16 8:00 Walk to Music 8:00 Pool Play 9:30 Ceramics 10:00 <u>Brunch and Learn</u> 12:00 <u>Line Dance – w/ Norma</u> 1:00 Crocheting/Knitting | 17 8:00 <u>Walk to Music</u> 8:00 <u>Pool Play</u> 9:00 <u>Quilting</u> 9:30 <u>Ceramics</u> 10:00 <u>Zumba Dance Class</u> 11:00 <u>Canasta</u> 11:30 <u>RED HATS</u> 1:00 <u>Chicken Foot</u> 6:30 pm <u>Let's Pick</u> | 18 8:00 Walk to Music 8:00 Pool Play 9:00 Pickle Ball at C-Club Gym 10:00 Chair Exercise 11:00 Line Dance w/Norma 1:00 Line Dance w/Polly 2:00 Beginner Line Dance | 19 CLOSED |
| 20 CLOSED | 21 8:00 Walk to Music 8:00 Pool Play 9:00 Quilting 10:00 Chair Exercise 10:00 Bible Study 9:30 Ceramics 1:00 Chicken Foot | 22 8:00 Walk to Music 8:00 Pool Play 9:00 Tai-Chi 9:30 Ceramics 10:00 Basic Sewing 10:00 Zumba Dance Class 11:00 <u>Canasta</u> 5:00 pm <u>Night Ceramics</u> 7:00 pm <u>Tues. Night Dance</u> | 23 8:00 Walk to Music 8:00 Pool Play 9:30 Ceramics 10:00 Chair Exercise 12:00 <u>Line Dance</u> 1:00 Crocheting/Knitting | 24 8:00 <u>Walk to Music</u> 8:00 <u>Pool Play</u> 9:00 <u>Quilting</u> 9:30 <u>Ceramics</u> 10:00 <u>Zumba Dance-CANCELLED</u> 11:00 <u>TAILGATE PARTY</u> 11:00 <u>Canasta</u> 1:00 <u>Chicken Foot</u> 6:30 pm <u>Let's Pick</u> | 25 8:00 Walk to Music 8:00 Pool Play 9:00 Pickle Ball at C-Club Gym 10:00 Chair Exercise 11:00 Line Dance w/Norma 1:00 Line Dance w/Polly 2:00 Beginner Line Dance | 26 CLOSED WHITE WATER CLASSIC FOOTBALL GAME GARRETT-HARRISON STADIUM |
| 27 CLOSED | 28 8:00 Walk to Music 8:00 Pool Play 9:00 Quilting 10:00 Chair Exercise 10:00 Bible Study 9:30 Ceramics 1:00 Chicken Foot | 29 8:00 Walk to Music 8:00 Pool Play 9:00 Tai-Chi 9:30 Ceramics 10:00 Basic Sewing 10:00 Zumba Dance Class 11:00 <u>Canasta</u> 5:00 pm <u>Night Ceramics</u> 7:00 pm <u>HALLOWEEN Dance</u> | 30 8:00 Walk to Music 8:00 Pool Play 9:30 Ceramics 10:00 Chair Exercise 12:00 <u>Line Dance – w/ Norma</u> 1:00 Crocheting/Knitting | 31 8:00 <u>Walk to Music</u> 8:00 <u>Pool Play</u> 9:00 <u>Quilting</u> 9:30 <u>Ceramics</u> 10:00 <u>Zumba Dance Class</u> 11:00 <u>Canasta</u> 1:00 <u>Chicken Foot</u> 6:30 pm <u>Let's Pick-CANCELLED</u> | 1 NOVEMBER 8:00 Walk to Music 8:00 Pool Play 9:00 Pickle Ball at C-Club Gym 10:00 Chair Exercise 11:00 Line Dance w/Norma 1:00 Line Dance w/Polly 2:00 Beginner Line Dance | 2 NOVEMBER CLOSED |

