

# CENTRAL ACTIVITY CENTER – SENIOR PROGRAMS & EVENTS SCHEDULE



## DECEMBER 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b> CLOSED	<b>2</b> 8:00 Walk to Music 8:00 Pool Play 9:00 Quilting 10:00 Chair Exercise 10:00 Bible Study 9:30 Ceramics 1:00 Chicken Foot	<b>3</b> 8:00 Walk to Music 8:00 Pool Play 9:00 Acrylic Art ( <i>CANCELLED IN DEC.</i> ) 9:00 Tai-Chi 9:30 Ceramics 10:00 Basic Sewing 10:00 Zumba Dance Class 12:30 Canasta 5:00 pm Night Ceramics 6:30 pm TuesDance	<b>4</b> 8:00 Walk to Music 8:00 Pool Play 9:00 Yoga 9:30 Ceramics 10:00 Chair Exercise 12:00 Line Dance – w/ Norma 1:00 Crocheting/Knitting	<b>5</b> 8:00 Walk to Music 8:00 Pool Play 9:00 Quilting 9:30 Ceramics 10:00 Zumba Dance Class 12:30 Canasta 1:00 Chicken Foot 6:30 pm Let's Pick	<b>6</b> 8:00 Walk to Music 8:00 Pool Play 10:00 Chair Exercise 11:00 Line Dance w/Norma 1:00 Line Dance w/Polly 2:00 Beginner Line Dance	<b>7</b> CLOSED  Tri-City Christmas Parade 10:00 on Broad Steet
<b>8</b> CLOSED	<b>9</b> 8:00 Walk to Music 8:00 Pool Play 9:00 Quilting 10:00 Chair Exercise 10:00 Bible Study 9:30 Ceramics 1:00 Chicken Foot	<b>10</b> 8:00 Walk to Music 8:00 Pool Play 9:00 Acrylic Art ( <i>CANCELLED IN DEC.</i> ) 9:00 Tai-Chi 9:30 Ceramics 10:00 Basic Sewing 10:00 Zumba Dance Class 12:30 Canasta 5:00 pm Night Ceramics 6:30 pm TuesDance	<b>11</b> 8:00 Walk to Music 8:00 Pool Play 9:00 Yoga 9:30 Ceramics 10:00 Chair Exercise 11:30 <b>SR. CHRISTMAS LUNCHEON</b> 12:00 <b>Line Dance – CANCELLED</b> 1:00 Crocheting/Knitting	<b>12</b> 8:00 Walk to Music 8:00 Pool Play 9:00 Quilting 9:30 Ceramics 10:00 Zumba 12:30 Canasta 1:00 Chicken Foot 6:30 pm Let's Pick	<b>13</b> 8:00 Walk to Music 8:00 Pool Play 10:00 Chair Exercise 11:00 Line Dance w/Norma 1:00 Line Dance w/Polly 2:00 Beginner Line Dance	<b>14</b> CLOSED "Breakfast With Santa" 8 a..m. at CAC (Must have ticket)  Carnival at Moon Lake 3-9 p.m
<b>15</b> CLOSED	<b>16</b> 8:00 Walk to Music 8:00 Pool Play 9:00 Quilting 10:00 Chair Exercise 10:00 Bible Study 9:30 Ceramics 1:00 Chicken Foot	<b>17</b> 8:00 Walk to Music 8:00 Pool Play 9:00 Acrylic Art ( <i>CANCELLED IN DEC.</i> ) 9:00 Tai-Chi 9:30 Ceramics 10:00 Basic Sewing 10:00 Zumba Dance Class 12:30 Canasta 5:00 pm Night Ceramics 6:30 pm CHRISTMAS DANCE	<b>18</b> 8:00 Walk to Music 8:00 Pool Play 9:00 Yoga 9:30 Ceramics 10:00 Chair Exercise 10:00 <i>Birthday Celebration- Dining Room</i> 12:00 Line Dance 1:00 Crocheting/Knitting	<b>19</b> 8:00 Walk to Music 8:00 Pool Play 9:00 Quilting 9:30 Ceramics 10:00 Zumba Dance Class 12:30 Canasta 1:00 Chicken Foot 6:30 pm Let's Pick	<b>20</b> 8:00 Walk to Music 8:00 Pool Play 10:00 Chair Exercise 11:00 Line Dance w/Norma 1:00 Line Dance w/Polly 2:00 Beginner Line Dance	<b>21</b> CLOSED
<b>22</b> CLOSED	<b>23</b> 8:00 Walk to Music 8:00 Pool Play 9:00 Quilting 10:00 Chair Exercise 10:00 Bible Study 9:30 Ceramics 1:00 Chicken Foot	<b>CLOSED</b> <b>CHRISTMAS EVE</b>  <i>Christmas Eve</i>	<b>CLOSED</b> <b>CHRISTMAS DAY</b>  <i>Merry Christmas</i>	<b>26</b> 8:00 Walk to Music 8:00 Pool Play 9:00 Quilting 9:30 Ceramics 10:00 Zumba Dance Class 12:30 Canasta 1:00 Chicken Foot 6:30 pm Let's Pick	<b>27</b> 8:00 Walk to Music 8:00 Pool Play 10:00 Chair Exercise 11:00 Line Dance w/Norma 1:00 Line Dance w/Polly 2:00 Beginner Line Dance	<b>28</b> CLOSED
<b>29</b> CLOSED	<b>30</b> 8:00 Walk to Music 8:00 Pool Play 9:00 Quilting 10:00 Chair Exercise 10:00 Bible Study 9:30 Ceramics 1:00 Chicken Foot	<b>31</b> 8:00 Walk to Music 8:00 Pool Play 9:00 Tai-Chi 9:30 Ceramics 10:00 Basic Sewing 10:00 Zumba Dance Class 12:30 Canasta <b>No Dance or Night Ceramics!</b>	<b>1 JANUARY 2020</b> <b>CLOSED</b> <b>NEW YEAR'S DAY</b>  HAPPY NEW YEAR	<b>2 JANUARY 2020</b> 8:00 Walk to Music 8:00 Pool Play 9:00 Quilting 9:30 Ceramics 10:00 Zumba Dance Class 12:30 Canasta 1:00 Chicken Foot 6:30 pm Let's Pick	<b>3 JANUARY 2020</b> 8:00 Walk to Music 8:00 Pool Play 10:00 Chair Exercise 11:00 Line Dance w/Norma 1:00 Line Dance w/Polly 2:00 Beginner Line Dance	<b>4</b> CLOSED

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