



CENTRAL ACTIVITY CENTER – SENIOR PROGRAMS & EVENTS SCHEDULE

FEBRUARY 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
26 CLOSED	27 <u>JANUARY</u>	28 <u>JANUARY</u>	29 <u>JANUARY</u>	30 <u>JANUARY</u>	31 <u>JANUARY</u>	1 FEBRUARY CLOSED
2 CLOSED 	<p>3</p> <p>8:00 Walk to Music 8:00 Pool Play 9:00 Quilting 9:30 Ceramics 10:00 Chair Exercise 10:00 Bible Study 1:00 Chicken Foot</p>	<p>4</p> <p>8:00 Walk to Music 8:00 Pool Play 9:00 Acrylic Art 9:00 Tai-Chi 9:30 Ceramics 10:00 Basic Sewing 10:00 Zumba Dance Class 12:30 Canasta 5:00 pm Night Ceramics 6:30 pm TuesDance</p>	<p>5</p> <p>8:00 Walk to Music 8:00 Pool Play 10:00 Gentle Yoga 9:30 Ceramics 10:00 <i>February Birthday Celebration-DR</i> 10:00 Chair Exercise 12:00 Line Dance 1:00 Crocheting/Knitting</p>	<p>6</p> <p>8:00 Walk to Music 8:00 Pool Play 9:00 Quilting 9:30 Ceramics 10:00 Zumba Dance Class 11:30 Red Hats DR 12:30 Canasta 1:00 Chicken Foot 6:30 pm "Let's Pic"k</p>	<p>7</p> <p>8:00 Walk to Music 8:00 Pool Play 10:00 Chair Exercise 11:00 Line Dance w/Norma 1:00 Line Dance w/Polly 2:00 Beginner Line Dance w/Polly</p>	8 CLOSED
9 CLOSED	<p>10</p> <p>8:00 Walk to Music 8:00 Pool Play 9:00 Quilting 9:30 Ceramics 10:00 <i>Field Trip-Nat'l. Civil War Naval Museum</i> 10:00 Chair Exercise 10:00 Bible Study 1:00 Chicken Foot</p>	<p>11</p> <p>8:00 Walk to Music 8:00 Pool Play 9:00 Acrylic Art 9:00 Tai-Chi 9:30 Ceramics 10:00 Basic Sewing 10:00 Zumba Dance Class 12:30 Canasta 5:00 pm Night Ceramics 6:30 pm <i>Valentine's Dinner/Dance</i></p>	<p>12</p> <p>8:00 Walk to Music 8:00 Pool Play 10:00 Gentle Yoga 9:30 Ceramics 10:00 Chair Exercise 10:00 12:00 Line Dance 11:30 <i>Sr. Luncheon – DR</i> 1:00 Crocheting/Knitting</p>	<p>13</p> <p>8:00 Walk to Music 8:00 Pool Play 9:00 Quilting 9:30 Ceramics 10:00 <i>Taste of Chocolate – DR (Sr. Club)</i> 10:00 Zumba Dance Class 12:30 Canasta 1:00 Chicken Foot 6:30 pm "Let's Pick"</p>	<p style="text-align: center;">14</p> <p>8:00 Walk to Music 8:00 Pool Play 8:30 <i>Field Trip-FDR's Little White House</i> 10:00 Chair Exercise 11:00 Line Dance w/Norma 1:00 Line Dance w/Polly 2:00 Beginner Line Dance w/Polly</p> <p style="text-align: center; color: red; font-style: italic;">Happy Valentine's Day</p>	15 CLOSED
16 CLOSED	<p style="text-align: center;">17</p> <p style="text-align: center; color: blue;"><u>HOLIDAY / CLOSED</u></p> 	<p>18</p> <p>8:00 Walk to Music 8:00 Pool Play 9:00 Acrylic Art 9:00 Tai-Chi 9:30 Ceramics 10:00 Basic Sewing 10:00 Zumba Dance Class 12:30 Canasta 11:30 <i>Black History Celebration</i> 5:00 pm Night Ceramics 6:30 pm TuesDance</p>	<p>19</p> <p>8:00 Walk to Music 8:00 Pool Play 10:00 Gentle Yoga 9:30 Ceramics 10:00 <i>Brunch and Learn - DR</i> 12:00 Line Dance 1:00 Crocheting/Knitting</p>	<p>20</p> <p>8:00 Walk to Music 8:00 Pool Play 9:00 Quilting 9:30 Ceramics 10:00 Zumba Dance Class 11:30 <i>Red Hats- Valentine's Party - DR</i> 12:30 Canasta 1:00 Chicken Foot 6:30 pm "Let's Pick"</p>	<p>21</p> <p>8:00 Walk to Music 8:00 Pool Play 10:00 Chair Exercise 11:00 Line Dance w/Norma 1:00 Line Dance w/Polly 2:00 Beginner Line Dance w/Polly</p>	22 CLOSED
23 CLOSED	<p>24</p> <p>8:00 Walk to Music 8:00 Pool Play 9:00 Quilting 9:30 Ceramics 10:00 Chair Exercise 10:00 Bible Study 1:00 Chicken Foot</p>	<p>25</p> <p>8:00 Walk to Music 8:00 Pool Play 9:00 Tai-Chi 9:30 Ceramics 10:00 Basic Sewing 10:00 Zumba Dance Class 12:30 Canasta 5:00 pm Night Ceramics 6:30 pm <i>Mardi Gras Masquerade Dance</i></p>	<p>26</p> <p>8:00 Walk to Music 8:00 Pool Play 10:00 Gentle Yoga 9:30 Ceramics 10:00 Chair Exercise 12:00 Line Dance 1:00 Crocheting/Knitting</p>	<p>27</p> <p>8:00 Walk to Music 8:00 Pool Play 9:00 Quilting 9:30 Ceramics 10:00 Zumba Dance Class 12:30 Canasta 1:00 Chicken Foot 6:30 pm "Let's Pick"</p>	<p>28</p> <p>8:00 Walk to Music 8:00 Pool Play 10:00 Chair Exercise 11:00 Line Dance w/Norma 1:00 <i>MOVIE DAY on the Big Screen</i> 1:00 Line Dance w/Polly 2:00 Beginner Line Dance w/Polly <i>(Polly's Line Dance will be moved to the Annex Room today!)</i> 7:00 <i>Mardi Gras Masquerade Dance</i> American Legion Bldg.</p>	<p>29 February CLOSED HAPPY LEAP YEAR!</p> 